

## Site, Directions & Date:

The race will be held, rain or shine, on April 19th, 2009 - Starting at the Redlands Mall in downtown Redlands, the event finishes at the historic Redlands Bowl. Course distances for the 5K, 10K, and 1/2 Marathon have been officially measured and certified by USA Triathlon.

## Check-In & Start Times:

Check-in & Late Registration at the Redlands Mall underground parking area on the day of the event, opens at 6:15 a.m. & closes at the start time of each timed event. **Start Times: 1/2 Marathon at 7:25; 10k at 7:35 a.m.; WC-5K at 7:50a.m.; 5k at 7:55 a.m.** Kinder Dash registration will be available Race Day only, from 8:30am until 10:am, in front of the Lincoln Shrine. Pre-registered runners can pick up their bibs & shirts Saturday, April 18th at the Redlands Mall (at top of escalators) during extended hours from 10:00 a.m. to 5:00 p.m. Late registration will also be available during these hours, with t-shirts offered as-available.

## Registration:

Certified & competitive events, early registration (postmarked by April 13th) is \$25 for 5K, \$30 for 10K, and \$45 for 1/2m - which includes a T-shirt. After April 13th fees are: \$30 for 5K, \$35 for 10k, \$50 for 1/2m. **Race Day registration is \$35 for 5k, \$40 for 10k, and \$55 for 1/2m.** Kinderdash Registration {\$5.00 NO T-Shirt}, is available on event day only from 8:30am until 10:am, in front of the Lincoln Shrine adjacent to the finish line. Mail entry with a non-refundable check or money order to: **Run Through Redlands, P.O. Box 8427, Redlands, CA 92375, or visit [www.redlands-events.com/RTTR1.htm](http://www.redlands-events.com/RTTR1.htm)** for electronic registration using a credit card. Pre-registrations received prior to April 14th are guaranteed T-Shirts. Shirt orders will not be taken on race day.

## Course Description:

Walkers & wheelchairs are welcome in all events. Three exciting courses mark the 26th Anniversary of the run in 2009. The 5k, 10k and half marathon courses wind through beautiful Redlands tree-lined streets past historic homes with breathtaking views of the San Bernardino mountains. The 5k course is almost entirely flat. The 10k course features fewer climbs and will include running through historic Smiley Heights. The half marathon course will also be faster (less elevation gain) than previous years and will include running through Prospect Park, the Redlands Country Club area, Redlands Community Hospital and Smiley Heights on the way back to downtown Redlands and the finish at the Redlands Bowl.

## Wheelchair Athletes:

We've teamed up again this year, with Possibilities to welcome Wheelchair Athletes.



All fees in the wheelchair divisions are the same as our regular events, but awards will be only to the top 5 finishers in the wheelchair division of each event. Wheelchairs, baby strollers and walkers are welcome in all our events, but there is no separate division, outside of wheelchair portion the competitive events. For more information about Team Possibilities visit [www.teampossibilities.org](http://www.teampossibilities.org)

## Aid Stations & Refreshments:

Three stations on the 10K and eleven on the half-marathon. Aid Station support ends after 11:00am. Water will be available for all runners showing bib numbers. There are also several porta-pots on the half marathon course. Finish line refreshments include oranges and juice provided by world famous Foothill Groves and Perricone Juice Company.

## Awards: Available for pick-up at Bowl Stage Area:

A \$200.00 gift certificate will be awarded for overall male & female winner in each of the 5k, 10k, & 1/2 marathon events. Presentations will be made at the awards ceremony at the Redlands Bowl immediately following the completion of the race results. First through Fifth Place medals will be awarded in the following age divisions:

7-9	16-19	30-34	45-49	60-64	75-79
10-12	20-24	35-39	50-54	65-69	80+
13-15	25-29	40-44	55-59	70-74	

The first three and final two divisions are combined in the half-marathon.

There is no separate Race Walk division.

**All Half Marathon finishers will receive a finishers medal.**

## Kinder Dash:

Children ages three to six will be able to participate in a short Dash competition. Kinder Dash begins at 10:00 a.m. at the Lincoln Shrine Park, adjacent to the Bowl. Registration is available on event day only from 8:30am until 10:am, in front of the Lincoln Shrine adjacent to the finish line. All Participants receive Run Through Redlands Event Ribbons.

## K-12 Student Groups:

Students representing their school, who wish to run as a group must register using the Group Registration Form available here or call (909) 748-0637 and leave mailing address. To qualify for a discounted {\$15 per runner} fee, registration must be submitted during the early registration period which ends April 13th. Minimum group size is 15 runners. There can be several teams from each school competing against each other. Students are encouraged to challenge faculty or other classrooms at their school.

## ChronoTrack UHF RFID & Event Timing:

ChronoTrack UHF RFID technology will be used for all competitive events. This sys-tem provides each registered participant with his/her accurate race time. A Disposable Tag that is attached to the bib for ease of registration. The runner only needs to pick up a bib. No Tag, No time. There is no need to collect chips after the finish, the runner walks away - No lost chip charges. Tag remains on the runner's shoe. Competitive timing will end at 12:00 noon. Participants completing the course after this cut-off will not receive a finish time.

## Volunteers:

If you aren't going to run or walk, but want to have fun and help the event, we need you on race day! Registration aides, Marshals, and general help is needed. To volunteer, you can sign-up on-line OR call (909) 793-7236